



the Mint
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lunch

the Mint

one course £7.95

two course £9.95

Monday to Saturday 11.30am til 3.00pm

Applies to each diner

STARTERS

HOMEMADE SOUP OF THE DAY (GF)

Served piping hot with a crusty bread roll.

NACHOS (VEG OPTION AVAILABLE)

Crispy tortilla chips with bacon, cheese and jalapeños, covered in our own chilli sauce then topped with sour cream.

CHICKEN LIVER PÂTÉ

Our homemade pâté served with Cumberland sauce, dressed leaves and a choice of toast or oatcakes.

GARLIC MUSHROOMS

Sautéed garlic mushrooms cooked in a garlic white wine and cream sauce, served on toasted Italian bread.

VEGETABLE PAKORA

Bite size pieces of pakora, served with spicy onions and a cool yoghurt dip.

CHEESY GARLIC BREAD

Garlic ciabatta bread topped with mozzarella cheese then oven baked.

MAINS

PEPPER CHICKEN (GF)

Tender breast of chicken served with our homemade pepper sauce and creamy mashed potatoes with fresh seasonal vegetables.

TEX-MEX CHILLI (GF)

Spiced ground beef in a rich tomato sauce. With rice, sour cream and crispy tortilla chips.

CRISPY CHICKEN GOUJONS

Freshly breaded strips of chicken, fried until golden. Served with chips, salad and garlic mayo.

HOMEMADE STEAK PIE

Diced shoulder of beef cooked until tender in a rich onion gravy, topped with puff pastry. Served with a choice of chips, baby boil potatoes and fresh vegetables

ARRABBIATA (GF AVAILABLE)

Penne pasta cooked with onion, chilli, garlic and black pepper in a fresh Napoli sauce.

BEEF STROGANOFF (GF)

Slow Braised chunks of beef cooked with mushrooms, onions and paprika then flamed with brandy. Finished with French mustard and cream sauce and served with steamed rice and sour cream.

HOMEMADE MAC AND CHEESE

Tubes of pasta cooked in a rich cheese sauce and topped with three cheeses. Baked in the oven and served with a dressed side salad and a slice of garlic bread.

CHINESE CHICKEN CURRY (GF)

Chunks of succulent chicken breast cooked with onions in our homemade curry sauce. Served with steamed rice and prawn crackers.

CAJUN CHICKEN SANDWICH

Cajun breast of chicken topped with mozzarella cheese. Served on toasted ciabatta with lettuce and mayo with skinny fries and coleslaw.

FRESHLY PREPARED WRAPS

Choose from:
BLT
Tuna & red onion



the Mint
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evening

the Mint

two course £11.95

Monday to Friday 3.00pm 'til late
and available all day on a Sunday

Applies to each diner

STARTERS

HOMEMADE SOUP of the day

Chefs homemade soup of the day served piping hot with a crusty petit pain and butter.

GARLIC & HERB BRUSCHETTA

Chopped vine tomatoes, infused with garlic, basil and olive oil and served on toasted ciabatta bread. Topped with rocket and balsamic glaze.

GARLIC BREAD & CHEESE

Garlic ciabatta bread topped with mozzarella cheese, then baked in the oven.

CHICKEN LIVER PÂTÉ

Chicken livers sautéed with bacon, garlic, onion and cream, blended until smooth. Served with Cumberland sauce and the choice of toast or oatcakes.

GARLIC MUSHROOMS

Sautéed garlic mushrooms, cooked in a garlic white wine and cream sauce. Served on toasted Italian bread.

VEGETABLE PAKORA

Bite-size pieces of pakora served with spicy onions and a cool yoghurt dip. Chicken pakora (£1 supp.)

OVEN ROASTED NACHOS (GF)

The Mint original: Two cheeses, bacon, jalapeños and chilli sauce. Veggie: two cheeses, jalapeños and chilli sauce. Chilli nachos (£1 supp.)

CRISPY FRIED CHICKEN WINGS

With a choice of barbecue or tomato and smoked paprika sauce. Garnished with spring onions and freshly cut lemon wedges.

Mains

CHEESE BURGER

100% Scottish beef burger chargrilled until juicy and topped with cheddar and mozzarella cheese. Served on a toasted brioche bun with crisp cos lettuce, our own burger mayo, skinny fries and coleslaw.

HOMEMADE STEAK PIE

Diced shoulder of beef, cooked until tender in a rich onion gravy and topped with puff pastry. Served with a choice of chips, baby boiled potatoes and fresh vegetables.

CRISPY CHICKEN GOUJONS

Freshly breaded strips of chicken, fried until golden. Served with chips, salad, garlic mayo and homemade coleslaw.

BEER BATTERED FILLET OF COD

Fresh fillet of cod cooked in a crunchy beer batter. Served with chunky chips and mushy peas.

PEPPERCORN CHICKEN (GF)

Chargrilled breast of chicken served with creamy mashed potatoes, chunky roast vegetables and our own homemade pepper sauce.

CHINESE CHICKEN CURRY (GF)

Chunks of succulent chicken breast and onions cooked in our freshly homemade curry sauce. Served with steamed rice, prawn crackers and spring onion.

CAJUN CHICKEN SIZZLER (£2 SUPP)

Cooked with peppers and onions. Served on a sizzling platter with flour tortillas, cheese, sour cream and a spicy tomato sauce.

ARRABIATA

Penne pasta cooked with onion, chilli, garlic and black pepper in a fresh Napoli sauce.

8OZ GAMMON STEAK (£1.50 SUPP)

Chargrilled, thick-cut gammon steak served with roasted plum tomatoes, crispy onion rings, chunky chips and peas.

SWEET CHILLI & CORIANDER PORK

Roasted loin of pork with wok fried vegetables and toasted sesame seeds. Served with rice and a sweet chilli and coriander sauce.

CHICKEN ENCHILADA

Strips of chicken cooked with onions, peppers and Cajun spice. Wrapped in a flour tortilla, covered in our spicy chilli sauce and topped with cheese and sour cream.